MARLEY SPOON

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Thai Red Curry Meatballs

with Vermicelli Noodles

20-30min ¥ 4 Portions

There's so much more you can do with curry paste than classic soup. Here, Thai red curry paste doubles as seasoning for delicious beef meatballs blended with soy, and flavours a creamy coconut milk sauce for vermicelli noodles. Add some carrot, capsicum and water chestnuts for a winning weeknight meal.

What we send

- fish sauce ⁴
- capsicum, carrot
- grass-fed premium beef mince
- ayam red curry paste ⁶
- coconut milk
- vermicelli noodles
- lime
- water chestnuts

What you'll require

- soy sauce ⁶
- sugar
- vegetable oil
- water

Utensils

• deep frypan

Our veggies come straight from the farm, so please wash them before cooking.

Allergens

Fish (4), Soy (6). May contain traces of other allergens.

Nutrition per serving

Energy 680.0kcal, Fat 28.0g, Proteins 30.1g, Carbs 72.9g



1. Prepare ingredients

Cut the **capsicums** into 2cm chunks, discarding the seeds and membrane. Peel and halve the **carrots** lengthwise, then thinly slice. Drain and coarsely chop the **water chestnuts**. Juice **half the lime** and cut the **remaining lime** into wedges.



2. Make meatballs

Combine the **beef**, **2 tsp soy sauce** and **2 tbs curry paste** in a large bowl. Using wet hands, roll tablespoons of the mixture into walnut-sized balls.



3. Soften noodles

Put the **noodles** in a heatproof bowl, cover with boiling water and stand for 5 mins to soften. Drain, then rinse under cold water. Coarsely chop with scissors to make shorter lengths.



4. Brown meatballs

Heat **2 tbs vegetable oil** in a large deep frypan over medium-high heat. Add the **meatballs** and cook, turning regularly, for 3-4 mins until browned all over. Add the **capsicum** and **remaining curry paste** and cook, stirring, for 30 secs. Add **250ml (1 cup) water** and bring to the boil.



5. Add coconut milk

Add the **coconut milk**, **fish sauce**, **carrot**, **water chestnut** and **2 tsp sugar** and simmer for 10 mins. Stir in **1 tbs lime juice**, then remove from heat.



6. Get ready to serve

Divide the **noodles**, **meatballs** and **curry sauce** among bowls and serve with the **lime wedges**.

