

Fs sku1617 hero

Steak with Black Pepper Butter

& Green Bean Salad



20-30min 2 Servings



We've got a tongue-twister that's guaranteed to make your taste buds very happy: black pepper butter makes steak better. Say that three times fast! On second thought, just cook this steak dinner and revel in the deliciousness. We think that's a better use of your mouth's time. Cook, relax, and enjoy!

What we send

- peas
- sirloin steaks
- scallions
- green beans
- radishes
- fresh parsley
- garlic

What you need

- butter ⁷
- kosher salt & ground pepper
- olive oil
- sugar
- white wine vinegar ¹⁷

Tools

- colander
- saucepan

Read through the whole recipe before you start. Rinse and dry all produce before using. Weights may vary slightly.

For recipes containing garlic, you'll find one head of garlic in your box.

We recommend you use coarse kosher salt stored in a container that allows you to grab it with your fingertips, or scoop with measuring spoon.

Allergens

Milk (7), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 530.0kcal, Fat 40.0g, Proteins 30.0g, Carbs 10.0g



1. Prep ingredients

Heat a grill to medium-high, if using. Bring a medium saucepan of **salted** water to a boil. Trim stem ends from green beans, then cut in half crosswise. Peel and finely chop ½ teaspoon garlic. Trim ends from scallions, then thinly slice. Pick parsley leaves from stems; finely chop stems, keeping leaves whole.



2. Make vinaigrette & butter

In a medium bowl, combine 1
tablespoon vinegar, half of the garlic,
1/2 teaspoon salt, 1/4 teaspoon sugar,
and a few grinds pepper. In a slow,
steady stream, whisk in 2 tablespoons
oil. In a small bowl, combine remaining
garlic, 2 tablespoons butter, 1/2
teaspoon ground pepper, and a
pinch of salt. Mash with a fork to
combine.



3. Cook beans & peas

Add **green beans** and **peas** to saucepan of boiling water. Cook until green beans are crisp-tender, about 3 minutes. Drain and rinse under cold water, then drain again. Pat dry with paper towels. Add to **vinaigrette** and stir to combine.



4. Season steaks

Pat **steaks** dry with paper towels. Rub lightly with **oil** and season all over with **½ teaspoon salt** and **a few grinds pepper**.



5. Grill steaks

Heat a grill pan or skillet over mediumhigh, if using. Cook **steaks** on preheated grill, grill pan, or skillet until browned and medium-rare, 3-4 minutes per side (or longer for thicker steaks). Transfer to a board to rest for 5 minutes.



6. Finish & serve

Meanwhile, trim ends from radishes, then thinly slice. Add radishes, scallions, and parsley leaves and stems to green bean salad, and toss to coat. Season to taste with salt and pepper. Spread black pepper butter on steaks. Serve steaks with salad alongside and any resting juices from the board drizzled over top. Enjoy!