DINNERLY



Skillet Turkey Meatloaf

with Roasted Sweet Potatoes & Peas





We love that famous expression—home is where the meatloaf is. Totally sums up our feelings about the iconic comfort food. We even have it stitched into a throw pillow. This leaner turkey version is whipped up in a skillet and served with roasted sweet potatoes and peas. We've got you covered!

WHAT WE SEND

- ground turkey
- · sweet potato
- peas
- yellow onion
- · smoked paprika

WHAT YOU NEED

- 1 large egg
- butter ⁷
- ketchup
- kosher salt & ground pepper
- · olive oil

TOOLS

ALLERGENS

Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 640.0kcal, Fat 37.0g, Proteins 33.0g, Carbs 44.0g



1. Roast sweet potatoes

Preheat oven to 425°F with rack in the center. Peel and finely chop ½ the onion; cut rest into 1-inch slices. Scrub sweet potato, quarter lengthwise, then cut across into 1-inch pieces. On a rimmed baking sheet, toss potatoes and sliced onions with 1 tablespoon oil, ½ teaspoon salt, and a few grinds pepper. Roast until golden brown and tender, 20–25 minutes.



2. Cook onions

While sweet potatoes roast, heat 1 tablespoon oil in a large non stick skillet over medium-high. Add chopped onions and cook until lightly browned and softened, about 3 minutes. Add 1 teaspoon smoked paprika (save rest for step 5), and cook, about 30 seconds more.



3. Cook meatloaf

In a medium bowl, combine turkey, panko, onion mixture, 1 large egg, and ½ teaspoon salt. Using wet hands, shape into 4 thin (4-inch) patties. Heat 1 tablespoon oil in same skillet over medium high. Add meatloaves and cook until golden brown, crisp, and cooked through, 2-3 minutes per side. Transfer meatloaves to a plate. Rinse and dry skillet.



4. Cook peas

Melt 1 tablespoon butter in same skillet over medium-high. Add peas and a pinch each salt and pepper, and cook until peas are heated through and tender, 2–3 minutes.



5. Finish & serve

Serve meatloaf alongside sweet potatoes and peas. If desired, stir remaining smoked paprika into ¼ cup ketchup and serve on the side for dipping. Enjoy!



6. Make it ahead!

Mix and shape the meatloaf patties ahead of time and hold them in the fridge until ready to cook!