

Shrimp & Pea Risotto

with Spinach Salad





If you thought risotto was a dish reserved for restaurants and impossible to recreate in your home kitchen, this quick weeknight recipe will make you a convert. The star ingredient is arborio rice, a type of short-grained rice, prized for its creamy, starchy texture and pearly white appearance. Combined with sweet wild-caught U.S Gulf shrimp, peas, and Parmesan, this risotto makes every night f...

What we send

- tail-off shrimp ²
- seafood broth concentrate 2,4
- arborio rice
- shallot
- Parmesan ⁷
- peas
- · baby spinach
- fresh thyme

What you need

- kosher salt & ground pepper
- · olive oil
- red wine vinegar

Tools

- nonstick skillet
- microplane or grater

Allergens

Shellfish (2), Fish (4), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 680kcal, Fat 30g, Carbs 70g, Proteins 36g



1. Prep ingredients

Peel and finely chop ¼ cup shallot, then thinly slice 2 tablespoons. In a medium bowl or measuring cup, stir to combine seafood broth concentrate with 3 cups hot water and season with ½ teaspoon salt. Pick ½ teaspoon thyme leaves from stems; discard stems and reserve remaining sprigs for step 4. Finely grate Parmesan.



2. Make dressing

In a medium bowl, whisk 1 tablespoon vinegar and 2 tablespoons oil. Add sliced shallot and a pinch each salt and pepper. Let sit until step 6.



3. Sauté shrimp

Pat **shrimp** dry and season with **a pinch each salt and pepper**. Heat **1 tablespoon oil** in a medium nonstick skillet over medium-high heat. Add shrimp and cook, without stirring, until lightly browned on the bottom, about 1 minute. Stir in **peas** and cook until **shrimp** are cooked through, about 2 minutes. Transfer to a plate.



4. Start risotto

Heat **1 tablespoon oil** in same skillet over medium-high. Add **chopped shallot** and **1 thyme sprig** and cook, stirring, until shallots are golden, 2-3 minutes. Add **rice** and cook, stirring, until no longer translucent, about 2 minutes.



5. Cook risotto

Add 1/2 cup broth to rice; cook over medium heat, stirring, until nearly absorbed, 1-2 minutes. Continue adding broth, 1/2 cup at a time, stirring, until nearly absorbed with each addition, 18-20 minutes total. Rice will be all dente and suspended in a thick, creamy sauce. If rice is still crunchy, stir in water, 1/4 cup at a time, and cook until all dente.



6. Finish & serve

Remove and discard thyme sprig. Stir 1 tablespoon butter and ¾ of the Parmesan into risotto over low heat. Stir in shrimp and peas and season with salt and pepper. Add spinach to dressing and toss to coat. Serve risotto in bowls, sprinkled with remaining thyme leaves and Parmesan with spinach salad alongside. Enjoy!