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# **Smoky Cod Tostadas**

with Romaine Slaw & Garlicky Yogurt





20-30min 2 Servings

Smoked paprika is a powerhouse of a spice-made from ground sweet red chiles that have been roasted and dried for hours over oak flames. Despite its vibrant red hue, the heat level is mild, almost sweet. For this tostada, cod is coated with the spice to add a layer of smokiness, that is served on top of toasted tortillas with crisp radishes, romaine, and a creamy yogurt sauce.

#### What we send

- red radish
- cod fillets 4
- smoked paprika
- Greek yogurt <sup>7</sup>
- garlic
- romaine heart
- fresh cilantro
- plum tomaotes
- (6-inch) corn tortillas

## What you need

- · kosher salt & ground pepper
- olive oil
- red wine vinegar
- sugar

#### **Tools**

- nonstick skillet
- rimmed baking sheet

#### **Allergens**

Fish (4), Milk (7). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

#### **Nutrition per serving**

Calories 710kcal, Fat 42g, Carbs 50g, Proteins 34g



### 1. Prep ingredients

Preheat oven to 450°F with a rack in the center position. Peel and finely chop ½ teaspoon garlic. Core tomato, then finely chop. Pick 2 tablespoons cilantro leaves from stems and set aside for serving; finely chop remaining leaves and stems together.



2. Season yogurt & salsa

Stir ¼ teaspoon of the garlic directly into yogurt container; season to taste with salt and pepper. In a small bowl, combine tomatoes, chopped cilantro, remaining garlic, 1 teaspoon vinegar, and 2 teaspoons oil; season to taste with salt and pepper.



3. Prep slaw

Thinly slice **romaine** crosswise down to stem end, discarding end. Halve and thinly slice **radishes**. In a medium bowl, combine **1 tablespoon of the garlic yogurt**, **2 teaspoons vinegar**, a **pinch each sugar and salt**, a **few grinds pepper**, and **2 tablespoons oil**. Add romaine and radishes, but do not toss.



4. Crisp tortillas

Arrange **tortillas** on a rimmed baking sheet. Drizzle **tortillas** generously with **oil** on both sides, then sprinkle with **salt**. Bake on center oven rack until crisp and browned in spots, flipping tortillas halfway through baking, 8-12 minutes (watch closely, as ovens vary).



5. Cook cod

Pat cod dry, then cut into 1-inch pieces. In a medium bowl, combine 1 teaspoon of the smoked paprika, 1 tablespoon oil, ½ teaspoon salt, and a few grinds pepper. Transfer cod to bowl, and stir to coat. Heat 2 tablespoons oil in a medium nonstick skillet over mediumhigh. Working in batches, add cod, and cook until lightly browned all over, 2-3 minutes.



6. Finish & serve

Using a slotted spoon or spatula, transfer cod to paper towel-lined plate; sprinkle with salt. Toss lettuce and radishes with dressing. Spoon yogurt onto tortillas and top with cod, some of the slaw and salsa, and whole cilantro leaves. Serve remaining salsa and slaw on the side. Enjoy!