



Grilled Tofu Banh-Mi

with Pickled Veggies & Sriracha Mayo





20-30min 4 Servings

Let's talk about tofu. First, what is it? To put it simply, it's bean curd. How is it made? Coagulated soy milk is compressed to squeeze out moisture, the result is a silky block of tofu. Why is it so good? It's a protein packed food with a neutral taste that is perfect for soaking up the sweet and savory teriyaki marinade.

What we send

- cucumber
- mayonnaise ^{3,6}
- garlic
- carrots
- extra-firm tofu 6
- Italian hero roll 1
- Sriracha
- red radishes
- · fresh cilantro
- teriyaki sauce

What you need

- kosher salt & ground pepper
- sugar
- white wine vinegar ¹⁷

Tools

Read through the whole recipe before you start. Rinse and dry all produce before using. Weights may vary slightly.

For recipes containing garlic, you'll find one head of garlic in your box.

We recommend you use coarse kosher salt stored in a container that allows you to grab it with your fingertips, or scoop with measuring spoon.

Allergens

Wheat (1), Egg (3), Soy (6), Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 700kcal, Fat 46g, Carbs 46g, Proteins 26g



1. Marinate tofu

Drain **tofu**, then cut crosswise into 8 slabs. Place on a paper towel-lined plate and pat tofu very dry. In a shallow bowl, whisk together **teriyaki**, **2 tablespoons sugar**, and **2 teaspoons vinegar**. Add tofu and carefully flip to coat. Marinate for 15 minutes, flipping occasionally.



2. Prep vegetables

While **tofu** marinates, trim ends from **carrots** and **cucumber** (peel if desired), then halve crosswise and cut lengthwise into thin matchsticks. Trim ends from **radishes**, then halve and thinly slice into half moons.



3. Pickle vegetables

In a large bowl, combine ¼ cup vinegar, 1 teaspoon salt, 2 tablespoons oil, and 4 teaspoons sugar. Add carrots, cucumbers, and radishes: toss to combine.



4. Make Sriracha mayo

Heat a grill pan over high, or the broiler with top rack 6 inches from heat source, if using. Peel and finely chop 2 teaspoons garlic. In a small bowl, stir together mayonnaise, garlic, and 1-2 packets Sriracha (depending on heat preference). Season to taste with salt and pepper.



5. Grill tofu & bread

Lightly **oil** grill or a rimmed baking sheet. Remove **tofu** from marinade, and pat dry. Reserve marinade. Grill or broil tofu until crisp and charred in spots, 2-3 minutes per side. Split **rolls**, if necessary. Grill or broil rolls until lightly charred, about 2 minutes per side (watch closely).



6. Assemble & serve

Spread Sriracha mayo on cut-sides of rolls. Sandwich grilled tofu between rolls and top with some of the pickled veggies. Drizzle with some of the reserved marinade and top with cilantro. Serve remaining pickled veggies on the side. Enjoy!