



Pork Chop Pan Roast

with Root Veggies & Brown Sugar Glaze



30-40min



4 Servings

Winner, winner—winter dinner. Hearty seasonal vegetables roast in the oven, while the pork chops get a hard sear on one side, creating a savory, crusty exterior, before finishing in the oven alongside the veggies. But the sauce is where the magic happens, made in the same skillet as the pork, brown sugar combines with mustard, vinegar, and pan drippings to create a sweet and tangy syrupy sauce...

What we send

- garlic
- whole-grain mustard ¹⁷
- red onion
- boneless pork chops
- turkey broth concentrate
- carrots
- parsnips
- Brussels sprouts
- dark brown sugar

What you need

- apple cider vinegar
- kosher salt & ground pepper
- olive oil

Tools

- skillet
- rimmed baking sheet

Read through the whole recipe before you start. Rinse and dry all produce before using. Weights may vary slightly.

For recipes containing garlic, you'll find one head of garlic in your box.

We recommend you use coarse kosher salt stored in a container that allows you to grab it with your fingertips, or scoop with measuring spoon.

Allergens

Sulphites (17). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 660kcal, Fat 30g, Carbs 56g, Proteins 40g



1. Prep vegetables

Preheat oven to 450°F with racks in the upper and lower thirds. Peel **carrots** and **parsnips**, trim ends, then cut in half crosswise, and cut into ¼-inch wedges. Trim root end from **Brussels sprouts** then cut in half (or quarter if large). Halve **onion**, then peel and cut into ½-inch slices.



4. Prep sauce

Peel and finely chop **2 large garlic cloves**. In a measuring cup or small bowl, whisk together **1 cup water**, **all of the turkey broth concentrate**, **brown sugar**, **mustard**, and **¼ cup vinegar**.



2. Roast vegetables

In a large bowl, toss **vegetables** with **3 tablespoons oil**, **1 teaspoon salt**, and **a few grinds pepper**. Divide between 2 rimmed baking sheets. Roast vegetables in the upper and lower thirds of oven until tender and golden, switching racks halfway through, 20-25 minutes.



5. Cook glaze

Heat **2 teaspoons oil** in reserved skillet over medium-high. Add **garlic** to skillet and cook until fragrant, about 1 minute. Stir broth mixture and slowly pour into skillet. Bring to a simmer, and cook, stirring occasionally, until glaze is thickened and reduced to ½ cup, about 10 minutes. Season to taste with **salt** and **pepper**.



3. Prep & sear pork chops




Pat **pork chops** dry, and pound to an even thickness, if necessary, then season all over with **salt** and **pepper**. Heat **1 tablespoon oil** in a large skillet until very hot. Add pork chops, and sear on one side until deep golden brown, 3-4 minutes. Flip and cook for another minute. Transfer to a plate and set aside until step 6. Reserve skillet for step 5.



6. Finish & serve

Meanwhile, place **2 pork chops** in between the veggies on each baking sheet, seared side-up. Return to the oven and roast until pork chops are cooked through, about 3 minutes. Serve **pork chops** with **roasted veggies** and drizzle with **glaze**. Enjoy!

Questions about the recipe? Cooking hotline: **866-228-4513** (Mon - Fri 9AM-9PM)

View the recipe online by visiting your account at marleyspoon.com    **#marthaandmarleyspoon**