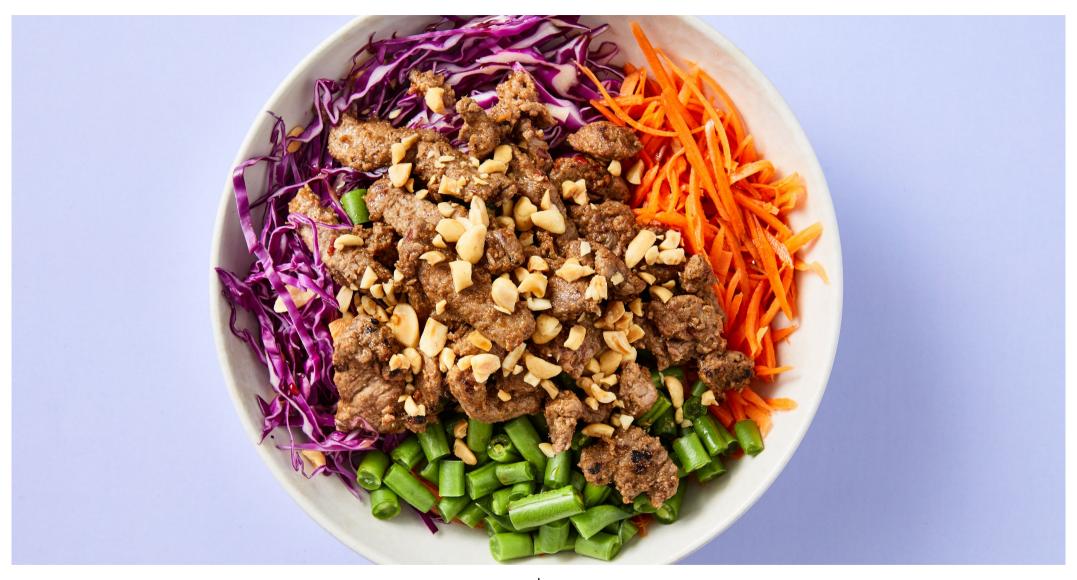
# **DINNERLY**



# Vietnamese Beef Salad

with Red Cabbage and Peanuts







Here's a healthy, colour-filled bowl so quick to throw together, you'll feel like you're cheating at dinner.

#### WHAT WE SEND

- 2 x 45g Vietnamese stir-fry paste <sup>17</sup>
- · 300g snow peas
- · 2 carrots
- beef stir-frv
- · 250g red cabbage
- 40g peanuts 5

#### WHAT YOU NEED

- Australian honey
- soy sauce 6
- · vegetable oil
- vinegar

# **TOOLS**

- box grater
- · deep frypan or wok

Our veggies come straight from the farm, so please wash them before cooking.

#### **COOKING TIP**

We've substituted snow peas for the green beens pictured due to weather and quality. The dish will be just as delicious - happy eating!

#### **ALLERGENS**

Peanuts (5), Soy (6), Sulphites (17). May contain traces of other allergens.

#### **NUTRITION PER SERVING**

Energy 460kcal, Fat 19.4g, Carbs 18.6g, Proteins 48.5g



# 1. Prep veggies

Peel the **carrots**, then shred with a julienne peeler or coarsely grate with a box grater. Very thinly shred the **cabbage**. Trim the ends of the **snow peas** (see cooking tip), then thinly slice lengthwise. Roughly chop the **peanuts**.



# 2. Stir-fry paste

Heat 2 tbs vegetable oil in a large deep frypan over medium heat. Cook the Stir Fry Shots and 2 tbs water for 30 secs or until fragrant.



# 3. Add beef

Increase the heat to high, add the **beef** and stir-fry for 2-3 mins until golden. Remove the pan from the heat.



# 4. Make dressing

Combine 60ml (¼ cup) soy sauce, 1½ tbs white vinegar and 1 tbs honey in a small bowl.



# 5. Assemble and serve

Divide the **carrot**, **cabbage**, **snow peas** and **beef** among bowls in mounds. Drizzle over the **dressing** and scatter with the **peanuts** to serve.



# 6. Make it yours

For those who like a little heat to their Vietnamese salads, add 1-2 finely chopped seeded red chillies. Feeling extra hungry? Add some bulk with rice noodles.

