MARLEY SPOON



Mixed Mushroom Stir-Fry

with Snow Peas and Egg Noodles





With powerful antioxidants, vitamin D, immune-boosting properties and plenty of other health benefits, mushies are a must on your midweek menu. We've made them the star of this easy Chinese-style noodle stir-fry that's laced with a thick, salty-sweet sauce. It's a winner for vegetarians and meat-eaters alike!

What we send

- dried shiitake 17
- · rice wine vinegar
- kecap manis ^{1,6,17}
- porcini powder
- cup mushrooms
- coriander, spring onion, bird'seye chilli, garlic, ginger
- sesame oil 11
- dry egg noodles 1,3
- snow peas

What you'll require

- boiling water
- soy sauce ⁶
- vegetable oil

Utensils

- fine grater
- · large saucepan
- plastic wrap

Our vegies come fresh from the farm, so please wash them before use.

Cooking tip

If less chilli heat is preferred, omit the chilli and serve it at the table, so those who like it can scatter it over their dish.

Allergens

Gluten (1), Egg (3), Soy (6), Sesame (11), Sulphites (17). May contain traces of other allergens.

Nutrition per serving

Energy 530kcal, Fat 20.4g, Carbs 66.5g, Proteins 15.7g



1. Soak mushrooms

Put the **shiitake mushrooms** in a heatproof jug and pour over **250ml (1 cup) boiling water**. Cover with plastic wrap or a plate and leave to soften for 15 mins. Meanwhile, finely chop the **chilli**, removing the seeds if less heat is desired. Finely chop the **coriander** leaves and stems.



2. Prepare vegetables

Bring a medium saucepan of water to the boil for the noodles. Trim and thinly slice the **spring onion**. Crush or finely chop the **garlic**. Peel and finely grate the **ginger**. Trim the thick stalks of the **cup mushrooms** then thinly slice. Trim the stems from the **snow peas**, removing the strings from one side.



3. Make sauce

Combine the rice wine vinegar, 1½ tbs of the kecap manis (the remaining kecap mains won't be used in this dish), 1 tsp sesame oil and 2 tsp soy sauce in a small bowl



4. Cook noodles

Cook three quarters of the noodles (the remainder won't be used in this dish) in the boiling water for 4 mins. Meanwhile, remove the softened **shiitake mushrooms** from the water, reserving the water. Discard the woody stems, then thinly slice the caps. Drain the noodles, then return to the pan and toss with **2 tsp sesame oil**.



5. Cook stir-fry

Heat 1 tbs vegetable oil and remaining sesame oil in a wok over high heat and stirfry 1½ tsp porcini powder (the remaining powder won't be used in this dish), the garlic, ginger, half the chilli (see cooking tip) and three quarters of the spring onion for 1 min or until softened. Add all the mushrooms and stir-fry for 2-3 mins.



6. Get ready to serve

Add the **snow peas** and stir-fry for 1-2 mins until the mushrooms have softened and the juices are starting to release. Stir in the **sauce**, **reserved mushroom water** and **coriander** and stir-fry for 1 min. Add the **noodles** and toss to combine. Divide the **noodle stir-fry** among bowls and scatter over the **remaining spring onion** and **chilli** to serve.

Packed in Australia from at least 45% Australian ingredients