# **DINNERLY**



# **Cheesy Stuffed Pitas** with Greens

20-30 minutes 4 Servings



These speedy cheese flatbread with ready-made pita bread instead of homemade dough make a tasty case for a little food cheating. Simply stuff with delicious haloumi, creamy feta, silverbeet and mint, pan-fry and you're off!

#### WHAT WE SEND

- · dried mint
- · mixed salad leaves
- · Greek pita bread 1,6
- Silverbeet Prepack
- haloumi<sup>7</sup>
- feta 7

### WHAT YOU NEED

- · egg 3
- garlic clove
- · olive oil
- salt and pepper

#### TOOLS

baking paper

Our veggies come straight from the farm, so please wash them before cooking.

#### **ALLERGENS**

Gluten (1), Egg (3), Soy (6), Milk (7). May contain traces of other allergens.

# **NUTRITION PER SERVING**

Energy 850kcal, Fat 47.8g, Carbs 57.1g, Proteins 45.0g



#### 1. Prep ingredients

Preheat the oven to 170C and line 2 oven trays with baking paper. Thinly slice the silverbeet leaves and stems, keeping them separate. Crumble the feta. Coarsely grate the haloumi. Crush or finely chop 2 garlic cloves.



# 2. Make filling

Lightly beat 1 egg in a large bowl. Heat 2 tsp olive oil in a large frypan over medium heat. Cook the garlic and silverbeet stems, stirring, for 3 mins or until softened. Add the silverbeet leaves and cook for 2 mins until wilted. Add the silverbeet mixture, feta, haloumi and 2 tsp dried mint to egg, season with salt and pepper and stir gently to combine.



# 3. Fill pitas

Put the **pita breads** on a clean work surface. Divide the **silvertbeet mixture** among the bread, placing it on one half of each pita only. Fold over to enclose



# 4. Cook stuffed pitas

Heat 1 tbs olive oil in each of 2 large or medium frypans over medium heat. Cook 1 or 2 stuffed pita in each pan (depending on the size of the pan), for 2 mins, pressing down with a spatula. Carefully turn over and cook for a further 1-2 mins until golden. Transfer to the lined tray and warm through in oven for 5 mins. Repeat with remaining stuffed pita.



# 5. Get ready to serve

Slice the **cheesy pitas** into pieces and divide among plates. Serve with the **salad leaves**.



#### 6. Kitchen hack

Whisk together 2 parts olive oil to 1 part balsamic vinegar to make a simple dressing for the salad. Or serve the cheesy pitas with lemon or lime wedges and squeeze over for extra zing.

