MARLEY SPOON



Root Vegetable Bake

with Porcini and Parmesan Crust



40-50min 4 Portions



Give roasted vegetables a shake-up this Christmas. Here, potatoes, carrots and parsnips are roasted in liquid stock until wonderfully soft, then finished off with crunchy croutons coated in porcini powder and parmesan for a double umami kick. Serve as a hearty side or vegetarian main on the big day - either way you can't go wrong.

What we send

- garlic clove, tarragon, shallot
- sourdough bread roll 1,6,7
- vegetable stock cube
- sweet potatoes
- parmesan cheese ⁷
- · parsnip, carrot
- · porcini powder

What you'll require

- · boiling water
- milk 7
- · olive oil
- sea salt and pepper
- water

Utensils

· medium frypan

Our vegies come fresh from the farm, so please wash them before use.

Allergens

Gluten (1), Soy (6), Milk (7). May contain traces of other allergens.

Nutrition per serving

Energy 850kcal, Fat 24.3g, Carbs 124.3g, Proteins 22.8g



1. Prepare bread

Preheat the oven to 220C. Tear the **bread** into bite-size pieces and put in a bowl with the **milk** and **80ml** (½ cup) water. Stir well to combine, then set aside to soak for at least 5 mins or until softened. Squeeze out any excess liquid.



4. Make croutons

While the vegetables are roasting, toss the **bread** and **80ml** (½ cup) oil in a large frypan to coat. Cook over medium heat, tossing occasionally, for 5 mins or until golden and crisp, sprinkling over the remaining porcini powder for the final 1 min of cooking. Season with salt and pepper.



2. Prepare ingredients

Meanwhile, peel the parsnips, carrots and sweet potatoes and cut into 2-3cm chunks. Crush or finely chop the garlic. Coarsely chop the shallots. Crumble the stock cubes into a heatproof jug, add 500ml (2 cups) boiling water and stir to combine.



3. Roast vegetables

Put the parsnip, carrot, sweet potato, garlic and shallot in a 2L (8 cup) baking dish. Scatter over half the porcini powder, then pour in the stock. Season with salt and pepper and stir to combine. Bake for 25 mins or until just softened.



5. Prepare ingredients

Meanwhile, finely grate the **parmesan**. Pick the **tarragon** leaves and finely chop.



6. Get ready to serve

Carefully remove the baking dish from the oven and scatter over the **croutons** and **parmesan**. Return to the oven and cook for 5 mins or until the parmesan is melted and golden, and the vegetables are tender. Scatter over the **tarragon** to serve.