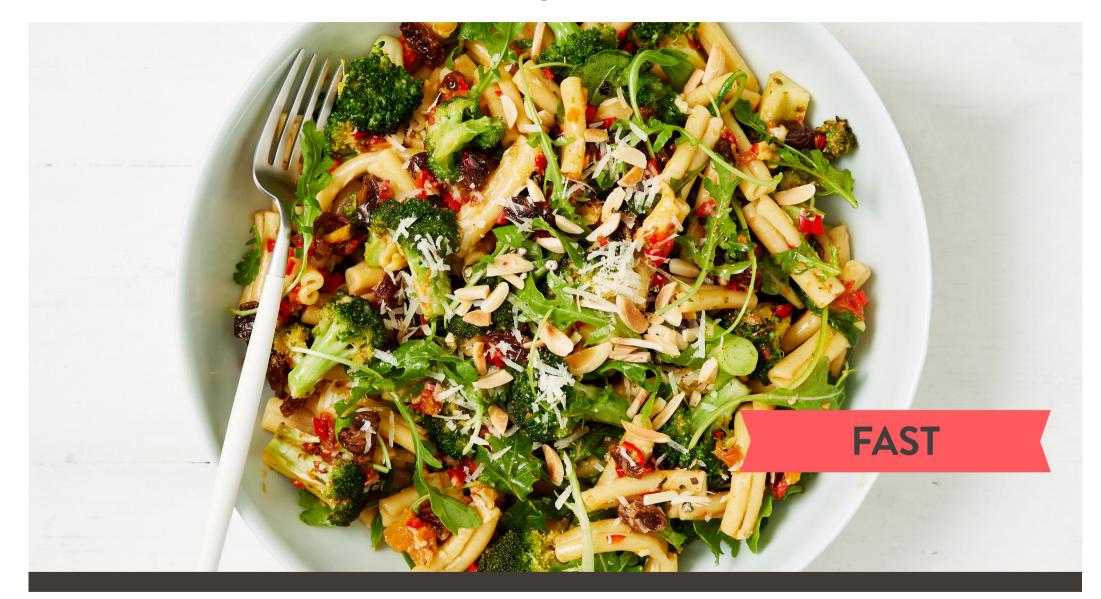
MARLEY SPOON



Pesto and Broccoli Pasta

with Rocket and Almonds

20-30min ¥ 4 Portions

Peppery rocket, tender broccoli and plump, sweet raisins add layers of flavour and texture to everyone's favourite combination; pasta and pesto (or red pesto in this case). We've used rustic casarecce pasta to give a warm salad feel that's perfect for cooler, darker nights. The best part? You'll have this speedy dish on the table in no time at all.

What we send

- dried raisins
- lemon
- long red chilli
- rocket leaves
- casarecce ¹
- broccoli
- red pesto 7,15
- parmesan⁷
- slivered almonds ¹⁵

What you'll require

- boiling water
- olive oil
- sea salt and pepper

Utensils

- colander
- fine grater
- large deep frypan or saucepan with lid
- large saucepan
- slotted spoon

Our vegies come fresh from the farm, so please wash them before use.

Cooking tip

Add chilli to suit your heat preference. Alternatively, omit it when cooking and serve the chilli at the table.

Allergens

Gluten (1), Milk (7), Tree Nuts (15). May contain traces of other allergens.

Nutrition per serving

Energy 930kcal, Fat 45.1g, Carbs 91.7g, Proteins 31.9g



1. Prepare ingredients

Bring a large saucepan of salted water to the boil for the pasta. Trim the **broccoli** stems, then coarsely chop. Cut the broccoli heads into small florets. Finely chop the **chillies**, removing the seeds if less heat is desired. Finely grate the **lemon** zest, then juice.



2. Cook pasta

Cook the **pasta** in the pan of boiling water for 8-10 mins until al dente. Reserve **60ml (1/4 cup) cooking water**, then drain the pasta.



3. Soak raisins

While the pasta is cooking, put the **raisins** in a heatproof bowl, pour over **80ml (½ cup) boiling water** and soak for 5 mins or until slightly swollen. Remove the raisins with a slotted spoon, reserving the soaking liquid and raisins separately.



4. Toast almonds

Meanwhile, put the **almonds** in a cold large deep frypan over medium heat. Toast, tossing, for 3-4 mins until evenly golden. Remove from the pan.



5. Cook broccoli

Heat **2 tbs olive oil** in the pan over mediumhigh heat. Add the **broccoli**, **chilli** (see cooking tip), **lemon zest** and **raisin liquid**. Cover and cook, tossing the pan frequently, for 3-5 mins until the broccoli is tender. Meanwhile, finely grate the **parmesan**.



6. Get ready to serve

Add the **pesto**, **reserved cooking water**, **lemon juice**, **raisins** and **pasta** to the pan and cook for 2-3 mins until heated through. Stir in the **rocket** and **two-thirds of the parmesan**. Taste, then season with **salt and pepper**. Divide the **pasta** among bowls. Scatter over the **almonds** and **remaining parmesan** to serve.



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