MARLEY SPOON



Crispy-Skin Chicken

with Almond Potatoes





Bring a little bit of the French countryside to your table with this elegant but simple farmhouse classic. Chicken is marinated in floral lemon zest and robust rosemary that really packs a flavour punch, while baby potatoes are laced with a gorgeous burnt almond butter. Served with a side of glorious greens, this dinner is a real winner.

What we send

- · silverbeet prepack 200gm
- free-range chicken breast fillet, skin on
- chat potatoes
- · rosemary, parsley and 1 garlic clove
- · lemon
- roma tomato
- flaked almonds 15
- * The remainder of this ingredient won't be used in this recipe.

What you'll require

- butter 7
- · olive oil
- · sea salt and pepper

Utensils

- foil
- large frypan
- · medium saucepan

Our veggies come straight from the farm, so please wash them before cooking.

Cooking tip

**Use 1 tsp for 2P/2 tsp for 4P. Our recipes now come in two sizes: 2P = 2portions | 4P = 4 portions.

Allergens

Milk (7), Tree Nuts (15). May contain traces of other allergens.

Nutrition per serving

Energy 580.0kcal, Fat 27.0g, Proteins 45.9 g, Carbs 30.2 g



1. Marinate chicken

Finely chop or crush the garlic. Finely grate the **lemon** (use half the zest for 2P** see cooking tip). Cut the lemon into wedges. Pick the **rosemary** leaves, discarding stems, and finely chop. Combine the garlic, lemon zest, rosemary, salt and pepper and half the oil in a bowl. Add the chicken and mix well to coat.



2. Prepare potatoes

Peel the **potatoes** and cut the larger ones in half. Place potatoes in a medium saucepan, cover with cold water and season with **salt**. Bring to the boil over medium-high heat, cook for 12 mins or until tender, then drain and set aside. Rinse, dry the pan and reserve.



3. Prepare vegetables

While potatoes are cooking, wash and remove the **silverbeet** leaves from the stems. Cut the stems into 2cm chunks and thickly shred the leaves. Coarsely chop the tomato and the parsley, including the stems.



4. Cook chicken

Put the **almonds** into a large cold frypan over medium heat. Toast, tossing constantly, for 3 mins or until golden. Transfer to a board and coarsely chop. Place the **chicken** in the pan, skin-side down, and loosely cover with foil. Cook for 4-5 mins until golden. Remove foil, turn chicken over and cook for a further 4-5 mins until cooked through. Set aside.



5. Cook vegetables

Wipe chicken pan clean. Heat the remaining oil in the same pan over medium-high heat. Cook the **silverbeet stems** for 3 mins, then add the **leaves** and **tomatoes**, and cook for 5 mins or until wilted. Season with salt and pepper. Cover and keep warm until ready to serve.



6. Get ready to serve

Melt the **butter** in the saucepan over medium heat. Cook for 2 mins or until the butter turns golden and has a nutty aroma. Add the **potatoes** and cook for 1 min, then toss through the almonds and parsley. Remove from the heat. Divide the chicken. potatoes and silverbeet mixture among plates and serve with lemon wedges.

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Packed in Australia from imported ingredients