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Hoisin Chicken Cutlets

with Buttery Rice Noodles & Bok Choy

🕗 30-40min 🛛 💥 2 Servings

Hoisin sauce contains soy beans, ketchup, maple syrup, red chiles, garlic, vinegar, and Chinese five spice. It truly is a chameleon of a condiment! In this recipe, it's lightly brushed on thin chicken cutlets, which rest atop silky rice noodles coated in the most addictive sauce of butter and tamari. Sesame seeds make for a perfect finish.

What we send

- baby bok choy
- scallions
- toasted sesame oil ¹¹
- stir-fry rice noodles
- toasted sesame seeds ¹¹
- boneless, skinless chicken breasts

What you need

- butter ⁷
- kosher salt & ground pepper

Tools

- colander
- meat mallet (or heavy skillet)
- medium skillet

Read through the whole recipe before you start. Rinse and dry all produce before using. Weights may vary slightly.

For recipes containing garlic, you'll find one head of garlic in your box.

We recommend you use coarse kosher salt stored in a container that allows you to grab it with your fingertips, or scoop with measuring spoon.

Allergens

Milk (7), Sesame (11). May contain traces of other allergens. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 850kcal, Fat 26g, Carbs 96g, Proteins 44g



1. Prep ingredients

Bring a medium pot of **salted water** to a boil. Trim ends from **scallions**, then thinly slice on an angle, keeping dark greens separate. Reserve 2 tablespoons scallion dark greens in a small bowl for serving. Cut **bok choy** lengthwise into 1inch wedges, and rinse well to remove any grit.



2. Pound chicken

Pat **chicken** dry and, using a meat mallet or heavy skillet, pound to an even ½-inch thickness. Rub with **1 teaspoon of the sesame oil** and season with **1**⁄4 **teaspoon each salt and pepper**. Let sit until step 5.



3. Blanch bok choy

Add **bok choy** to boiling water and cook until wilted, 1-2 minutes. Using a slotted spoon, transfer to a colander to drain. Shake out excess water from bok choy and pat dry. Return water in pot to a boil.



4. Cook noodles

Add 3⁄3 of the noodles to pot. Cook, stirring, until tender, 6-7 minutes. Reserve 1⁄4 cup cooking water, then drain noodles and rinse with lukewarm water; return to pot. Add all of the tamari, 1 tablespoon butter, 1⁄2 teaspoon sesame oil, and scallion light greens and whites. Stir in 2 tablespoons of the cooking water. Remove from heat.



5. Cook chicken

Meanwhile, heat **1 tablespoon oil** in a medium skillet over medium-high until shimmering. Add **bok choy** and cook, turning once or twice, until browned in spots, 2-3 minutes. Transfer to a platter; cover to keep warm. Add **1 tablespoon oil** to skillet. Add **chicken** and cook, turning once, until lightly browned and nearly cooked through, 2-3 minutes per side.



6. Finish & serve

Mix hoisin with ½ teaspoon of the sesame oil and remaining noodle cooking water and add to skillet. Cook over low heat, turning chicken until glazed with sauce, about 2 minutes. Serve noodles with chicken and bok choy. Drizzle hoisin sauce over chicken. Sprinkle all with sesame seeds and reserved scallion greens. Enjoy!