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Moroccan Pork Tenderloin

with Apricot Chutney & Kale Salad

20-30min 2 Servings

The method of butterflying tenderloin truly does justice to this fantastic piece of pork tenderloin. It creates more surface area for all those yummy spices to cling to, plus there's more contact with the skillet, creating lots of delicious crispy bits. The apricot chutney does double duty as part salad dressing and part condiment. Cook, relax, and enjoy!

What we send

- ras el hanout
- pork tenderloin
- curly kale

What you need

- apple cider vinegar
- kosher salt & ground pepper
- olive oil
- sugar

Tools

- large skillet
- meat mallet (or heavy skillet)
- small saucepan

Read through the whole recipe before you start. Rinse and dry all produce before using. Weights may vary slightly.

For recipes containing garlic, you'll find one head of garlic in your box.

We recommend you use coarse kosher salt stored in a container that allows you to grab it with your fingertips, or scoop with measuring spoon.

Allergens

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 800.0kcal, Fat 58.0g, Proteins 42.0g, Carbs 30.0g



1. Prep pork

Pat **pork tenderloin** dry. Using a sharp knife, cut pork horizontally (parallel to cutting board) almost completely in half. Open up like a book and, using a meat mallet, pound to an even ¾-inch thickness. Rub all over with **1 tablespoon oil** and season with **1**¼ **teaspoons of the ras el hanout**, ½ **teaspoon salt**, and **several grinds of pepper**. Set aside until step 4.



2. Make chutney

Finely chop **apricots** into ¹/₈-inch pieces, then transfer to a small saucepan. Add **2**½ **tablespoons vinegar**, ¼ **cup water**, and **1 tablespoon sugar**, and bring to a boil. Reduce heat to medium and cook until liquid is reduced to a syrup, 3-4 minutes. Season to taste with **salt**.



3. Prep kale

While **chutney** cooks, remove stems and inner ribs from **kale**. Stack leaves, roll like a cigar, then cut crosswise into thin ribbons. Transfer to a large bowl and toss with ¹/₂ **teaspoon each salt and sugar**. Using your hands, squeeze and massage the kale until softened, about 10 times.



4. Cook pork

Heat **1 tablespoon oil** in a medium, heavy skillet over medium-high. Add **pork** to skillet and cook, turning occasionally, until golden and lightly charred in spots, about 3 minutes per side. Transfer to a cutting board, cover loosely with foil and let rest for 5 minutes.



5. Prep Parm & almonds

While pork cooks, use a vegetable peeler to thinly shave **Parmesan**. (Alternatively, cut it into very thin slices.) Coarsely chop **almonds**.



6. Finish & serve

Add **2 tablespoons vinegar** and **¼ cup oil** to **kale**, and toss to combine. Add **Parmesan** and **⅓ of the chutney** and toss to combine. Spoon onto plates and sprinkle with **almonds**. Cut **pork** into ½-inch thick slices and transfer to plates. Serve **pork** with **remaining chutney** alongside. Enjoy!