

B06y63rzb8

Inside-Out Chicken & Stuffing

with Apples and Green Beans



30-40min 4 Servings



We reimagined the Thanksgiving flavors and dishes we know and love and turned them into a regular dinner, so that even a midweek meal can give us those holiday feelings! This recipe is inspired by turkey, stuffing, and green beans, but we used super moist, chicken breasts in place of turkey, and the "sides" come together all on the same baking sheet. Cook, relax, and enjoy!

What we send

- boneless, skinless chicken breasts
- packets chicken broth
- pink lady apples
- fresh thyme
- celery
- caraway seeds
- green beans

What you need

- coarse kosher salt
- freshly ground pepper
- olive oil

Tools

rimmed baking sheet

Read through the whole recipe before you start. Rinse and dry all produce before using. Weights may vary slightly.

For recipes containing garlic, you'll find one head of garlic in your box.

We recommend you use coarse kosher salt stored in a container that allows you to grab it with your fingertips, or scoop with measuring spoon.

Allergens

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 670.0kcal, Fat 18.2g, Proteins 58.0g, Carbs 62.6g



1. Prep ingredients

Preheat oven to 450°F with rack in the upper third. Cut each **apple** into 8 wedges and remove cores. Cut **celery** into ½-inch pieces. Pick **thyme leaves** from stems and roughly chop. Cut **ciabatta** into ½-inch cubes. Trim stem ends from **green beans**, then halve any thick beans lengthwise. Dissolve **all of the chicken broth concentrate** in **2 cups warm water**.



2. Prepare "stuffing"

On a rimmed baking sheet, toss apple, celery, bread cubes, caraway seeds, and half of the chopped thyme with 3 tablespoons oil. Arrange in an even layer.



3. Toast bread

Place in oven to cook until **bread** is lightly toasted and **apples** just begin to soften, about 7 minutes. In a medium bowl, toss **green beans** with **1** tablespoon oil, **34** teaspoon salt, and a few grinds pepper.



4. Add green beans

Drizzle chicken broth over stuffing ingredients, season with ½ teaspoon salt and a few grinds pepper and toss to coat. Scatter green beans on top and roast until beans are nearly tender, about 10 minutes.



5. Prepare chicken

Pat **chicken** dry. Rub lightly with **oil** and season with **salt** and **pepper**. Scrape **stuffing ingredients** to sides, and add **chicken** to baking sheet in empty spaces. Roast until broth is reduced and chicken nearly cooked through, 12-15 minutes, flipping chicken halfway through. Switch oven to broil.



6. Finish & serve

Broil **chicken and stuffing** until lightly browned, 1-2 minutes (watch closely as broilers vary). Sprinkle **chicken** with **remaining thyme**. Enjoy!