DINNERLY



Chicken Taco Salad Bowl with Chipotle Mayo



20-30min 2 Servings



We're all familiar with the almighty taco bowl. We're not talking about just combining taco-y ingredients in a plain old bowl. We're talking about a legit taco bowl. Homemade. By you. From tortillas. The result? Crunchy tortillas in each bite. Not to mention the actual contents of the bowl, which are obviously delicious. Chicken, corn, crisp lettuce, lime juice, and a drizzle of chipotle mayo? ...

WHAT WE SEND

- garlic
- · green leaf lettuce
- boneless, skinless, chicken breast
- · lime
- · corn

WHAT YOU NEED

 kosher salt & ground pepper

TOOLS

- · aluminium foil
- medium skillet
- rimmed baking sheet

ALLERGENS

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

NUTRITION PER SERVING

Calories 570.0kcal, Fat 35.0g, Proteins 28.0g, Carbs 37.0g



1. Marinate chicken

Preheat oven to 425°F with a rack in the upper third. Squeeze 2 teaspoons lime juice, then cut remaining lime into wedges. Pound chicken to an even ½-inch thickness, if necessary. In a large bowl, combine 1 teaspoon of each the lime juice and oil, ½ teaspoon salt, and a few grinds pepper. Add chicken, turn to coat. Let stand at room temperature.



2. Bake taco bowls

Brush tortillas with oil; season with a pinch salt and pepper. Use 2 (14-inch) sheets of aluminum foil to form 2 loose, roughly 3-inch balls. Top each ball with a tortilla, press gently with your hands to form tortilla around ball. Bake on baking sheet until firm and holds shape, 5-6 minutes. Flip tortilla, remove foil, toast until lightly brown, 2 minutes.



3. Prep ingredients

Halve lettuce lengthwise, then thinly slice one half crosswise, discarding end (save remaining half for own use). Peel and finely chop 1 large garlic clove. In a small bowl, whisk chipotle mayo with 2 teaspoons water to make a spoonable sauce.



4. Cook chicken & corn

Heat 1 tablespoon oil in a medium skillet over medium-high. Add chicken, cook until golden-brown on 1 side, 3-4 minutes. Flip chicken; add corn, garlic, and 2 tablespoons water. Cover, cook until chicken is cooked through, 2-3 minutes. Transfer chicken to a cutting board. Cook corn until water evaporates, stirring, 2-3 minutes. Season with salt and pepper.



5. Dress greens & serve

In a medium bowl, toss lettuce with remaining teaspoon lime juice and 2 teaspoons oil. Season to taste with salt and pepper. Slice chicken. Place some of the salad in tortilla bowls, then top with chicken, corn, and chipotle mayo. Serve remaining salad and lime wedges on the side. Enjoy!



6. Take it over the top

Load this taco bowl up with any/all of your favorite fixins. Guacamole, salsa, pickled jalapeños, even shredded cheese. Just go ahead and do you!