## **DINNERLY**



# Caramelized Onion Beef Burger

with Marinated Tomato Salad



20-30min 4 Servings



We're gonna tell you a fairytale. It starts with a grass-fed burger with crispy, browned edges, that's cooked to perfection. The burger meets a batch of sweet, caramelized onions, and then along come some tomatoes that had been hanging in the sun. Juicy wedges of these tomatoes mingle with cider vinegar, a touch of sugar and salt, and olive oil. Hold up. Is this a fantasy? Or is it just Dinnerl...

## WHAT WE SEND

- red onion
- · ground beef
- · green leaf lettuce
- plum tomatoes

#### WHAT YOU NEED

- · apple cider vinegar
- kosher salt & ground pepper
- · olive oil
- sugar

#### **TOOLS**

· large skillet

#### **ALLERGENS**

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

## **NUTRITION PER SERVING**

Calories 604.0kcal, Fat 35.0g, Proteins 31.0g, Carbs 44.0g



## 1. Prep ingredients

Trim ends from **onion**, then halve, peel, and cut crosswise into ¼-inch slices. Finely chop 1 slice onion (about **3 tablespoons**), and reserve for step 2. Cut **tomato** into 8 wedges through core. Slice **lettuce** crosswise into 1-inch pieces; discard end. Divide **beef** into 4 equal portions (do not form patties).



#### 2. Marinate tomatoes

In a large bowl, whisk cider vinegar, chopped onion, ½ teaspoon sugar, and ¼ teaspoon salt until dissolved. Whisk in 3 tablespoons oil. Stir in tomatoes and season with a few grinds of pepper.



## 3. Caramelize onions

Heat 1½ tablespoons oil in large skillet over medium-high. Add sliced onions and ½ teaspoon salt. Cook until softened and beginning to brown, about 6 minutes. Add ¼ cup water and 1 tablespoon sugar. Continue cooking until liquid is evaporated and onions are deeply browned, 4-5 minutes. Transfer to a bowl, cover to keep warm. Wipe out skillet.



## 4. Cook burgers

Heat same skillet over high until hot, about 2 minutes. Add 2 teaspoons oil. Place beef in pan, in batches if necessary, smashing each mound flat with a spatula, to form 5-inch patties. Season with ½ teaspoon of salt. Cook, undisturbed, until edges are brown, 2-3 minutes. Flip, season with another ½ teaspoon salt, and cook 2 minutes more. Transfer to plates.



5. Finish & serve

Pour off any fat from skillet, then add buns, cut sides-down, and cook until lightly toasted, about 1 minute. Add lettuce to bowl with tomatoes and toss gently to combine. Transfer burgers to buns and top with caramelized onions and some of the dressed lettuce. Serve remaining salad alongside. Enjoy!



## 6. Take it to the next level

Crisp up a couple of the bacon slices that you might have lying around. Choose your own adventure by A) chopping them up to make crunchy bacon bits for the salad or B) laying the slices on the burger along with the caramelized onions. Your call.