



Banh Mi Turkey Burger

with Sweet Pickled Cucumber & Carrot





30-40min 4 Servings

No bland turkey burgers here! We've added ginger, garlic, and cilantro to ground turkey for a flavor punch and pan-roasted them to keep them nice and juicy. Topped with sweet-tangy pickled carrots and cucumbers, cilantro, and sliced jalapeños (if you dare!) this burger is not to be overlooked. Cook, relax, and enjoy!

What we send

- cucumbers
- rice vinegar
- jalapeño
- fresh ginger
- ground turkey
- · garlic
- · fresh cilantro
- carrots

What you need

- coarse kosher salt
- olive oil
- sugar

Tools

- box grater
- fine-mesh sieve
- large ovenproof skillet

Read through the whole recipe before you start. Rinse and dry all produce before using. Weights may vary slightly.

For recipes containing garlic, you'll find one head of garlic in your box.

We recommend you use coarse kosher salt stored in a container that allows you to grab it with your fingertips, or scoop with measuring spoon.

Allergens

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

Nutrition per serving

Calories 718.0kcal, Fat 27.5g, Proteins 44.2g, Carbs 67.0g



1. Pickle carrot & cucumber

Preheat oven to 450°F with a rack in the center. Peel and grate **carrots** on large holes of a box grater. Thinly slice **cucumbers** into rounds. In a medium bowl, combine **vinegar**, **2 tablespoons sugar**, and **1 teaspoon salt**; whisk to dissolve. Pour ½ of liquid into a 2nd medium bowl; add carrots to 1 bowl and cucumbers to 2nd bowl. Set aside, tossing occasionally.



2. Prep ingredients

Peel and finely chop **ginger** and **2 large garlic cloves**. Pick **cilantro leaves** from **stems**; finely chop stems, keeping leaves whole. Thinly slice **jalapeño**. Cut **ciabatta rolls** in half horizontally and wrap in foil. Toast in oven until heated, 5-8 minutes



3. Make turkey burgers

In a medium bowl, combine **turkey**, **ginger**, **garlic**, **cilantro stems**, and **1 teaspoon salt**. Using slightly moistened hands, form the mixture into 4 (½-inch thick) patties, roughly the shape of the **ciabatta rolls**.



4. Cook turkey burgers

Heat **1 tablespoon oil** in a large ovenproof skillet over medium-high. Add **burgers** and cook, flipping once, until browned all over, about 6 minutes. Transfer skillet to center oven rack and roast until firm to the touch and cooked through, 6-7 minutes more. Meanwhile, unwrap **rolls** and bake until slightly crisp, about 3 minutes (watch closely).



5. Assemble burgers

Spread bottom half of **rolls** with **mayonnaise** and add as many **jalapeño slices** as desired. Add **burgers**. Using a slotted spoon, add **some of the cucumbers and carrots**. Add **a few cilantro leaves**. Drizzle with **some carrot pickling liquid**. Close **sandwiches** and cut in half.



6. Finish salad & serve

Drain cucumbers and carrots (reserving the liquid) and combine with remaining cilantro. Serve sandwiches with pickled veggie salad and reserved pickling liquid for dipping. Enjoy!