# DINNERLY



# Chicken Caesar Salad

with Garlicky Croutons

💍 ca. 20min 🛛 💥 4 Servings

In the US, you run the country and end up with a library named after you. In Ancient Rome, you ran the empire and got a salad in your name. A very, very important salad. With crisp romaine, garlicky croutons, and a creamy homemade dressing, it's as classic as Caesar himself. Grilled chicken brings the protein. It's so delicious, we have a feeling even Brutus would have loved it. We've got you c...

### WHAT WE SEND

- garlic
- lemon
- boneless skinless chicken breast
- romaine hearts

#### WHAT YOU NEED

- coarse kosher salt
- freshly ground pepper
- olive oil

# TOOLS

grill or grill pan

#### ALLERGENS

May contain traces of allergenic ingredients. Packaged in a facility that packages gluten containing products.

## NUTRITION PER SERVING

Energy 542.0kcal, Fat 35.7g, Proteins 41.0g, Carbs 12.8g



# 1. Prep ingredients

Preheat grill to high, if using. Peel **1 large** clove garlic. Grate half of clove into a small bowl (reserve the rest for step 3). Into the same bowl, grate ½ teaspoon lemon zest and squeeze ¼ cup lemon juice. Pat chicken dry, pound to an even ½-inch thickness if necessary, and rub with oil. Season with salt and pepper. Grate Parmesan into a 2nd small bowl.



2. Make dressing

Whisk mayonnaise into bowl with garlic, lemon zest and juice. Gradually whisk in <sup>1</sup>/<sub>3</sub> cup oil. Season with <sup>3</sup>/<sub>4</sub> teaspoon salt and several coarse grinds pepper. Whisk in half of the Parmesan.



3. Make croutons

Heat a grill pan or skillet over high. Halve rolls horizontally and brush with oil. Grill or sear, turning occasionally, until golden and crisp, 6–9 minutes. Rub cut sides with reserved half clove of garlic. Tear or cut bread into ¾-inch pieces.



4. Grill chicken

Add **chicken** to grill, grill pan, or skillet and cook over high heat, turning once, until lightly charred and cooked through, 3–6 minutes. Cut into ½-inch slices.



5. Finish & serve

Cut or tear **romaine** into bite-size pieces and transfer to a large bowl. Add **croutons** and **dressing** and toss well to combine. Add **remaining Parmesan** and toss gently. Top with **chicken** and serve. Enjoy!



6. Kids pitch in!

Kids are perfect helpers for whisking together the dressing in step 2, and ripping up the romaine leaves in step 5!