# MARLEY SPOON

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## **Beef Fajitas with Red Capsicum**

and Sweetcorn and Tomato Salsa.

30-40min ¥ 4 Portions

Grab the sombreros and maracas and be transported to Mexico with these spice-filled beef fajitas. The beef is coated in traditional Mexican spices and then flash-fried in a pan. Pop it on a tortilla with some aioli and refreshing corn salsa, wrap it all up and devour!

#### What we send

- chipotle sauce <sup>6</sup>
- spice mix
- corn kernels
- aioli <sup>3,7</sup>
- parsley
- tortillas 1
- roma tomatoes
- red capsicum
- grass-fed beef stir-fry strips

## What you'll require

- olive oil
- salt and pepper

## Utensils

- foil
- large frypan
- paper towel
- sieve
- Our veggies come straight from the farm, so please wash them before cooking.

#### Cooking tip

Instead of preparing each tortilla before serving, place the separate ingredients on the table and get each family member to wrap their own.

#### Allergens

Gluten (1), Egg (3), Soy (6), Milk (7). May contain traces of other allergens.

### Nutrition per serving

Energy 760.0kcal, Fat 41.1g, Proteins 35.1g, Carbs 57.6g



1. Marinate beef

Pat the **beef strips** dry with paper towel and place in a large bowl. Add 1 tbs **oil** and the **spice mix**. Season with **salt and pepper** and toss well to combine. Preheat oven to 180C.



2. Prepare ingredients

Discard the **cap sicum** seeds and membrane and cut into thin strips. Rinse the **corn** in a colander then drain.



3. Make salsa

Dice the **tomatoes** and place in a medium bowl. Pick the **parsley** leaves (discard stems) and coarsely chop. Add to the bowl with the **corn** and 1 tbs **oil**. Toss to combine.



4. Heat tortillas

Wrap the stack of **tortillas** in foil and warm in oven for 10 mins.



5. Cook capsicum

Heat 1 tbs **oil** in a large frypan over high heat and stir-fry the **capsicum** for 2-3 mins until softened. Transfer to a bowl and cover with foil to keep warm.



6. Cook beef

Heat the same frypan over medium-high heat and stir-fry the **beef**, in two batches, for 2-3 mins until just cooked through. Spread each **tortilla** with a little **aioli** then top with beef, **capsicum** and some **salsa**. Wrap up and serve with **spicy chipotle sauce** for the parents.

